

Emergency Resources for Members and their Families: an MHM workshop

Anis Dani, Dirk Mattheissen, Jacqueline den Otter

April 11, 2024



Workshop Objectives

- **Increase Awareness** of Emergency Resources
- **How to Access** our Emergency Resources
- **How to Use** the Emergency Resources

Emergency Resources can be accessed by members and their families without a login



Emergency Resources

This web page contains resources to help members prepare for emergencies or help members and their families deal with emergencies that have occurred.

- **Emergency Medical ID Card** – ensures your emergency information is easily accessible
- **Guide for Actions After A Death of a Retiree/Spouse/Partner** (*updated October 2023*)
- **Handbook for Advance Planning by Retirees & Families for Incapacity or End of Life** (*November 2023*)
- **Medical Alert System**

A fourth resource –
Medical Alert System –
has just been added

Emergency Resources workshop sequence

- Emergency Medical ID card *Anis Dani*
- Medical Alert System

- Handbook for Advance Planning... *Dirk Mattheissen*

- Guide for Actions after a Death... *Jacqueline den Otter*

Emergency Resources – Transition to Emergency Medical ID Card



SEO ⁹

Select Language | Text Size ▲▼ Logout

Home About Us Emergency Resources FAQs Quick Links

WBG Resources

Search

Member Portal Member Profile WBG Alumni Resources Thematic Groups Activities Community Hub Chapters

Emergency Medical ID Card

All members are advised to fill out an Emergency Medical ID card for yourself and your family members with vital information first responders need to help you in case of an accident or a medical emergency. We recommend that you laminate the card for durability and carry it with you in your wallet or purse at all times.

- [Click here](#) to download the template for your wallet, or
- [Click here](#) for a larger version to complete by hand and *leave it in your home for easy access (i.e. on refrigerator)*

1818 Society
World Bank, Main Complex
Room No. MC 1 -852
1818 H. Street, NW
Washington, DC 20013

Phone: 202-458-1956/57
Fax: 202-522-2417
Email: 1818Society@wbgalumni.org

Mailing Address:
1818 Society
World Bank (MSN MC1-104)
1818 H Street, NW
Washington, DC 20013

Emergency Medical ID Card: this Template for your wallet can be filled out online, printed and laminated



Emergency Medical ID Card		Medical Information	
Name:		Key medical conditions:/history	
Address:	Phone:		
	Blood Type:		
Date of birth:		Essential Medications:	
Emergency contacts: <i>(Language, if not English)</i>	Emergency number	<i>Medication # 1</i>	<i>Dosage and Frequency</i>
<i>Name # 1</i>	<i>Phone # 1</i>	<i>Medication # 2</i>	<i>Dosage and Frequency</i>
<i>Name # 2</i>	<i>Phone # 2</i>	<i>Medication # 3</i>	<i>Dosage and Frequency</i>
Doctors:	Doctor's phone:	Allergies:	
<i>Doctor # 1:</i>	<i>Phone # 1</i>	If found, return this ID Card to: 1818 H Street NW, MC 1-852, Washington DC 20433 (202) 458-1956/57; 1818society@wbgalumni.org	
<i>Doctor # 2</i>	<i>Phone # 2</i>		
<i>Any special situation people want to mention:</i>			

Emergency Medical ID Card -- Template for your wallet: *fill out your personal information on upper left side*

Emergency Medical ID Card		Medical Information	
Name: First M <u>Lastname</u>		Key medical conditions:/history	
Address: <i>xxxx Cherry Street</i> <i>Bethesda, MD 00000</i>	Phone: 202-200-0000	Essential Medications:	
	Blood Type: B+		
Emergency contacts: <i>(Language, if not English)</i>	Date of birth: 01/01/1950	<i>Medication # 1</i>	<i>Dosage and Frequency</i>
	Emergency number	<i>Medication # 2</i>	<i>Dosage and Frequency</i>
	<i>Name # 1 /</i>	<i>Phone # 1</i>	<i>Medication # 3</i>
<i>Name # 2</i>	<i>Phone # 2</i>	Allergies: If found, return this ID Card to: 1818 H Street NW, MC 1-852, Washington DC 20433 (202) 458-1956/57; 1818society@wbgalumni.org	
Doctors:	Doctor's phone:		
<i>Doctor # 1:</i>	<i>Phone # 1</i>		
<i>Doctor # 2</i>	<i>Phone # 2</i>		
<i>Any special situation people want to mention:</i>			

Emergency Medical ID Card -- Template for your wallet: *fill your emergency contact information at lower left:*



Emergency Medical ID Card		Medical Information	
Name: First M <u>Lastname</u>		Key medical conditions:/history	
Address: <i>xxxx Cherry Street</i> <i>Bethesda, MD 00000</i>	Phone: 202-200-0000	Essential Medications:	
	Blood Type: B+		
Emergency contacts: <i>(Language, if not English)</i>	Date of birth: 01/01/1950	<i>Medication # 1</i>	<i>Dosage and Frequency</i>
	Emergency number	<i>Medication # 2</i>	<i>Dosage and Frequency</i>
	<i>Name # 1 Spouse Name</i>	<i>Phone # 1 000-000-0000</i>	<i>Medication # 3</i>
<i>Name # 2 Daughter Name</i>	<i>Phone # 2 111-111-1111</i>	Allergies:	
Doctors:	Doctor's phone:	If found, return this ID Card to: 1818 H Street NW, MC 1-852, Washington DC 20433 (202) 458-1956/57; 1818society@wbgalumni.org	
<i>Doctor # 1: Dr. Physician</i>	<i>Phone # 1 222-222-2222</i>		
<i>Doctor # 2 Dr. Specialist</i>	<i>Phone # 2 333-333-3333</i>		
<i>Any special situation people want to mention:</i>			

Emergency Medical ID Card -- Template for your wallet:

fill your medical history, medications and allergies on right side

Emergency Medical ID Card		Medical Information	
Name: First M <u>Lastname</u>		Key medical conditions:/history	
Address: <u>xxxx</u> Cherry Street Bethesda, MD 00000	Phone: 202-200-0000	High blood pressure; <u>arthritis</u> ;	
	Blood Type: B+	Appendicitis, knee replacement	
Emergency contacts: <i>(Language, if not English)</i>	Date of birth: 01/01/1950	Essential Medications:	
	Emergency number	Medication # 1 BP medication	20 mg, once daily
Name # 1 Spouse Name	Phone # 1 000-000-0000	Medication # 2 Calcium	500 mg, once daily
Name # 2 Daughter Name	Phone # 2 111-111-1111	Medication # 3 Advil	500 mg, twice a day
Doctors:	Doctor's phone:	Allergies: penicillin, pollen	
Doctor # 1: Dr. Physician	Phone # 1 222-222-2222	If found, return this ID Card to: 1818 H Street NW, MC 1-852, Washington DC 20433 (202) 458-1956/57; 1818society@wbgalumni.org	
Doctor # 2 Dr. Specialist	Phone # 2 333-333-3333		
Any special situation people want to mention:			

Emergency Medical ID Card: *print, fold & laminate your wallet card (covers available at Amazon or Staples)*

amazon prime Prime Video laminate card Hello, Account

All Medical Care Prime Video Buy Again Groceries Livestreams Amazon Business Pharmacy Household, Health & Baby Care Shop By Interest Coupons Amazon Bas

Home Store Free with ads Categories My Stuff

fresh Free delivery on your first \$50+ order Shop Fresh

Back to results

Purchased another variation 1 time
Last purchased Mar 17, 2024 | Number of Items: 12 | [View item](#)

PRODUCT SIZE

Inner dimension: 2.24 in x 3.54 in
Outer dimension: 2.4 in x 3.74 in

Medicare Card Protector, 6 Pack Plastic Card Holder for Wallet Single 12 Mil Business Card Sleeve Waterproof Cards Plastic Protector for Credit Card Business Card Social Security Card

Brand: Fabmaker
4.6 ★★★★★ 4,696 ratings
Amazon's Choice in Business Card Holders by Fabmaker
2K+ bought in past month

-38% \$4.99 (\$0.83 / Count)
List Price: \$7.99

prime FREE Returns

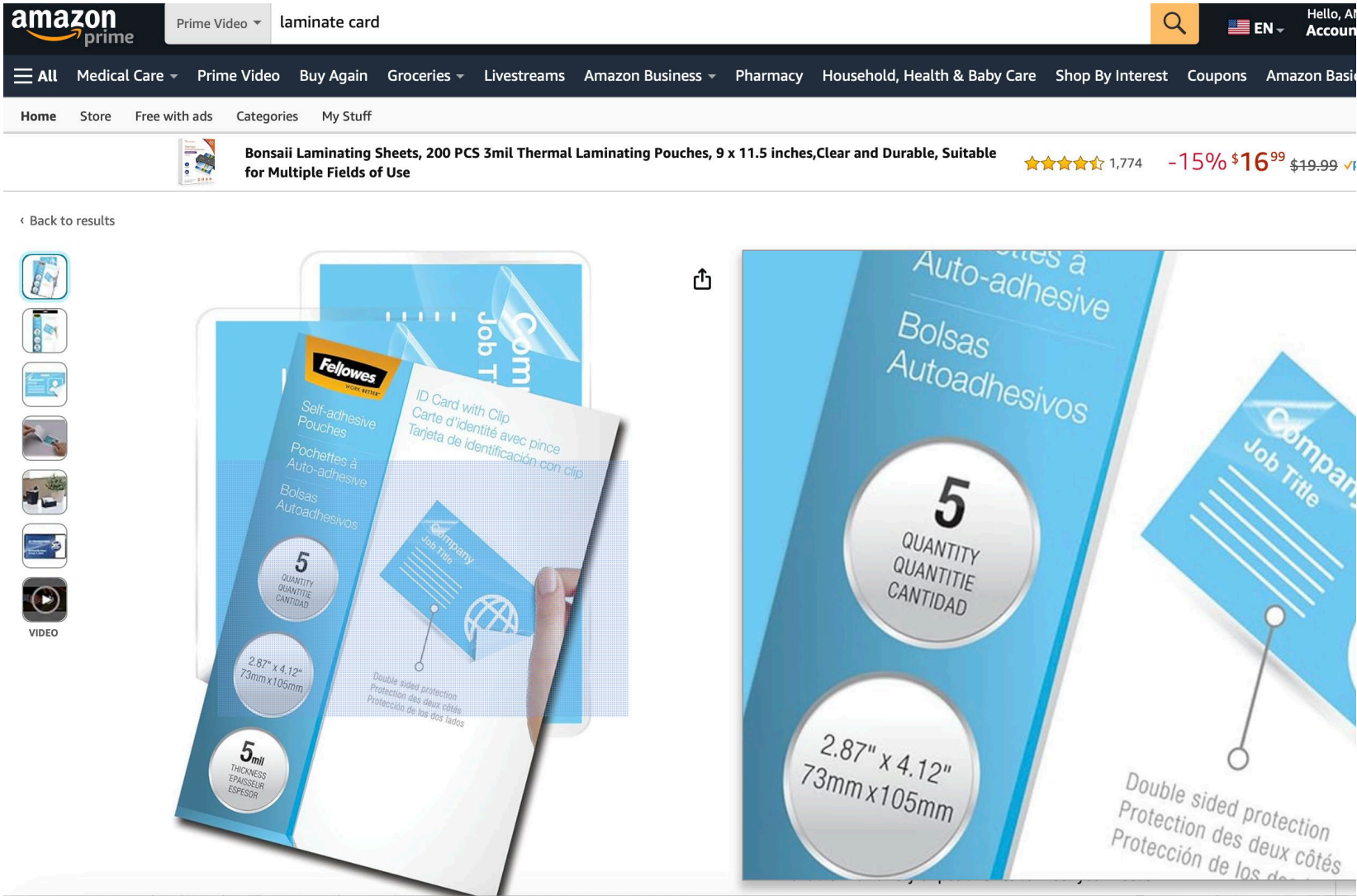
Number of Items: 6

6 \$4.99 (\$0.83 / Count) prime	12 \$7.99 (\$0.67 / Count) prime
--	---

Material: Premium Flexible PVC
Brand: Fabmaker

Roll over image to zoom in

Emergency Medical ID Card: *print and laminate your card (covers available at Amazon or Staples)*



Emergency Medical ID Card: complete this Template by hand and leave it accessible at home (on your refrigerator or notice board)

Emergency Medical ID Card					
Name:			Key medical condition/history:		
Address:	Phone:				
	Blood Type:				
	Date of Birth:				
		Essential Medications:		Dosage and Frequency:	
Language, if not English:				Medication #1:	
Emergency Contacts and Phone Numbers:			Medication #2:		
Contact #1:		Phone #1:		Medication #3:	
Contact #2:		Phone #2:		Allergies:	
<i>Doctor #1:</i>		<i>Phone #1:</i>			
<i>Doctor #2:</i>		<i>Phone #2:</i>			
Any special situation you would like to mention:			If found, return this ID Card to: 1818 H Street NW, MC 1-852, Washington DC 20433 (202) 458-1956/57; 1818society@wbgalumni.org		

You can also create a Medical ID on your Smartphone

- iPhone has a built-in health app where you can create your medical ID and enable access even with a locked screen
- Android phones don't have built in health apps but you can create one by downloading apps like the Medical ID (free) ICE* Contacts app

*ICE stands for In Case of Emergency, i.e. anyone can see your medical ID without unlocking the phone.

Transition to: Medical Alert System

Medical Alert System

As we age, the risk of a medical emergency or a fall inevitably increases. Having a medical alert system can help you receive medical help quickly and can be a lifesaver. This is especially important for those of us who are alone, or for those who are physically challenged or face memory loss which prevents them from summoning help when it is most needed.

What is a Medical Alert System?

A medical alert system triggers a call to a response center in case of an emergency. Alert systems are also known as medical emergency response systems (MERS) or personal emergency response systems (PERS). Alert systems range from a basic, wearable device with a push button or fall detection service to a more sophisticated health monitor or fall monitor on an iPhone. A [2022 article](#) on the AARP website offers a useful description of the range of options available to help you choose what services best suit your needs. Several service providers offer a wearable button device with a monthly subscription plan you may want to check out. Here are two that have received good reviews:

- [Medical Guardian](#) (1-800-813-9946)
- [Medical Alert](#) (1-800-836-0887)

The AARP article does not describe the health monitoring and medical alert services now available on smartphones. More recent iPhones (*Series 5 or later, and SE or Ultra series*) have fall detection service and Emergency SOS service built into the phone. Fall detection **automatically turns on** if you indicate you are 55 years or older during setup or when you input your age in the [Health app](#). You can also get help during an emergency with an Android phone (*Android 12 or later*) to send an Emergency SOS.

Things to Consider:

The **Apple Watch** sends a message to your selected emergency contacts when you push the Emergency SOS button. If the watch detects a hard fall (personal fall or car crash), and you're unresponsive, it will automatically call 911 and send a message to your emergency contacts. However, in case of a soft fall or other medical emergency, fall detection isn't activated. Your Apple Watch and iPhone can still make an SOS call to emergency services or a caregiver if you fall or are immobile, but it won't be automatic.

The **Android** phone SOS feature can call for help or send your location with your emergency contacts but you have to initiate the SOS call. Some of the steps require you to touch the screen multiple times, or touch and hold the red circle for 3 seconds to start the emergency call. activate the Emergency SOS feature and share your location.

Act now to avoid regrets later but choose what you think works best for you.

Medical Alert System: Medical Guardian

Special Offer ENDS SOON | Call to Get 1 Free Month of Service + More! | 1 (800) 813-9946

MEDICAL GUARDIAN | Products | How It Works | Buying Advice | About | Take Product Quiz

This Button Protects Lives

Medical Guardian's **Top Rated*** Medical Alert Devices **empower** over **300,000 lives** everyday.

Get the **help** you need in **3 easy steps!**

- 1 Press Your Medical Alert Help Button
- 2 Connect With Our Emergency Monitoring System
- 3 Help is On the Way

Devices starting at: **\$19.95** + Free Shipping & Free Month of Service

Get in touch with a life safety consultant today

Fill out the form below or call 1-800-813-9946


Your Full Name

Email Address

Phone Number

Get Your FREE Quote

BBB ACCREDITED BUSINESS A+



Medical Alert System: Medical Alert

MedicalAlert

Home System

Mobile System

Fall Detection

App

Get Started



Why Choose Medical Alert

Help at the Press of a Button



24/7/365 RESPONSE

Quickly connect to U.S.-based trained response specialists who provide you with the assistance you need 24/7/365.



WATERPROOF HELP BUTTONS

Wear the help button around your neck or wrist, including in the shower or tub where slips and falls are most common.



PERSONALIZED RESPONSE PLAN

When you press your button, we'll contact the right person to get you the help you need, whether family, friend or first responder.



MOBILE APP

The Medical Alert Connect app allows you to manage your account easily from your phone. Your loved ones receive real-time notification of

Medical Alert System: Compare Apple Watch models

SE



**All the essentials.
Light on price.**

GPS + Cellular From \$299
GPS From \$249

Series 9



**Powerful sensors,
advanced health features.**

GPS + Cellular From \$499
GPS From \$399

Ultra 2



**The most rugged
and capable.**

GPS + Cellular
\$799

Medical Alert System: Apple Watch health & emergency

SE

High and low heart rate notifications³

Irregular rhythm notifications⁴

Low cardio notifications



Cycle Tracking⁶



Emergency SOS⁷

International emergency calling⁸

Fall Detection and Crash Detection⁷



Series 9

ECG app³

High and low heart rate notifications³

Irregular rhythm notifications⁴

Low cardio notifications



Temperature sensing⁵

Cycle Tracking with retrospective ovulation estimates⁶



Emergency SOS⁷

International emergency calling⁸

Fall Detection and Crash Detection⁷



Ultra 2

ECG app³

High and low heart rate notifications³

Irregular rhythm notifications⁴

Low cardio notifications



Temperature sensing⁵

Cycle Tracking with retrospective ovulation estimates⁶



Emergency SOS⁷

International emergency calling⁸

Fall Detection and Crash Detection⁷

Siren



Medical Alert System -- Android phone users

- A Samsung emergency device is not wearable
- However, if you have a Samsung phone that runs Android 11 (released 2020) or a later version of Android:
- You can store your Emergency information in the Samsung Health app and send your location to your emergency contacts
- You can store a virtual medical ID card on your phone
- You can use the SOS feature to call for help
- BUT you have to access your phone to initiate the SOS call or use its health app.

Medical Alert System: *Act now to avoid regrets later* *-- choose what you think works best for you*

- If a subscription plan, ask for a complete price breakdown.
 - Some features, like fall detection, may cost more.
 - Do not enter into a long-term contract. Look for a full money-back guarantee, or at least a free trial period.
 - Select a plan that allows you to cancel at any time with no penalties.
- If Apple Watch, get a model with health monitoring and fall detection and enter your emergency contacts.
- If Android phone, upload your emergency information on the Personal Safety app and activate Emergency SOS feature.

Transition to: Handbook for Advance Planning...

November 2023

(replaces the 2016 Handbook)



PREPARING FOR THE INEVITABLE

**HANDBOOK FOR ADVANCE PLANNING
BY RETIREES & FAMILIES
FOR INCAPACITY OR END OF LIFE**

Emergency Resources for Members and their Families

An MHM workshop

HANDBOOK

Advance Planning by Retirees & Families for Incapacity or End of Life

A complement to the 1818 Society's:

- (1) Guide** for Actions at the Death of a Retiree/Spouse
- (2) End of Life Advance Planning Checklist**, and

These and other resources are available at the 1818 Society website:

www.wbgalumni.org/

Handbook Contents

- **TABLE OF CONTENTS**
- 1. **Preface: The Need for Advance Planning.....3**
- 2. **Immediate Steps.....6**
- 3. **Introduction.....9**
- 4. **Pensions.....11**
 - i The Formalities in Brief
 - ii What You Must Do
 - iii What an Eligible Spouse of Partner Can Expect
 - iv Warnings
- 5. **Retiree Medical Insurance.....18**
 - i The Formalities in Brief
 - ii What You Must Do
 - iii Warnings
- 6. **Life Insurance.....23**
 - i The Formalities in Brief
 - ii What You Must Do
 - iii Warnings
- 7. **Bank-Fund Staff Federal Credit Union.....25**
 - i Informing the Credit Union
 - ii Legal Formalities
 - iii What You Must Do
 - iv Alternative Arrangements
 - v Warnings
- 8. **Important Matters for US Citizens and Residents.....28**
 - i Preparing for the Inevitable—Estate and End of Life Planning/Administration
 - ii Taxes
 - iii Social Security
 - iv Immigration
 - v Protecting Against Identity Theft
- 9. **Contact Information.....34**

What's Not Covered in the Handbook

- Non-US laws and Regulations
- Long-Term Care Insurance

Resources – How to get anywhere

- **Pension.worldbank.org**
- pension, medical, HR, Credit Union
- **1818 Society** -- www.wbgalumni.org
Emergency Resources, FAQs and Quick Links
- **Credit Union** – Estate Planning Seminar April 30

Please seek professional advice before making any decisions

Pension.worldbank.org



- Home
- About SRP
- Governance
- Plan Funding
- Pension Benefits
- Investment Management
- Annual Reporting



Portal Links



Upcoming Events

+ Add event

No upcoming events

No upcoming events are scheduled. Check back again later.

News



Release of the 2022 Annual Report of Retirement Plans

We are pleased to release the 2022 Annual Report of Retirement Plans. The report contains information on the Plans' governance, financial management, and financial health, the 2022 market environment,...

See all

Questions? Email Pension Administration

- PA Pension Administration Account
- Gross Plan Forms & Fact Sheets
- Net Plan Forms & Fact Sheets
- Know Your Pension
- External Human Resources Site
- 401k (Principal Website)
- Bank-Fund Staff Federal Credit Union (BFSFCU)
- The 1818 Society | World Bank Group Alumni
- Bulletin Board

CALL PENSION - (202) 458-2977

Monday to Friday: 9 am to 4 pm (EST)
Calls/Messages received on weekends & holidays will be responded to on the next business day.

CHECK YOUR PENSION SUMMARY

To see your statement or pension summary, visit <https://pawb3ee/>

Questions?

Email Pension Administration

- PA Pension Administration Account
- Gross Plan Forms & Fact Sheets
- Net Plan Forms & Fact Sheets
- Know Your Pension
- External Human Resources Site
- 401k (Principal Website)
- Bank-Fund Staff Federal Credit Union (BFSFCU)
- The 1818 Society | World Bank Group Alumni
- Bulletin Board

CALL PENSION - (202) 458-2977

Monday to Friday: 9 am to 4 pm (EST)
Calls/Messages received on weekends & holidays will be responded to on the next business day.

CHECK YOUR PENSION SUMMARY

To see your statement or pension summary, visit <https://pawb3ee/>

Tech Tip



Retiree Center

My Pension



My Insurance Benefits



Donation Matching



Home

Insert



New Slide



Table

4

Resources

- 1818 Society -- www.wb.com
- Pension.worldbank.org
- (Credit Union - Estate

Please seek profes

5

1818 Society



Select Language Text Size Logout

- Home
- About Us
- Emergency Resources
- FAQs
- Quick Links
- WBG Resources

Member Portal

- Member Profile
- WBG Alumni Resources
- Thematic Groups
- Activities
- Community Hub
- Chapters

Emergency Resources

- Medical ID Card
- Guide for Actions after a Death
- Handbook for Advance Planning...

[Click here to open the page](#)

Upcoming Events

Emergency Resources for Members and their Families: An MHM workshop

April 11 @ 10:30 am - 12:00 pm
at Hybrid: 1818 Society Conference Room MC1-852 and Webex

Cyber Security and Fraud Awareness Webinar

April 15 @ 10:30 am - 11:30 am
at Virtual – Zoom

Combating Corruption in Health Sector- Strategies and Practice Insights

April 24 @ 11:00 am - 12:30 pm
at Hybrid: MC 4 – 100 & Webex

[View All Events](#)

Recent Announcements:

- Release of 2022 Annual Report of Retirement Plans
- 1818 Society 2023 Election
 - Election Results

Member Blog Posts

Member blogs include thematic articles of 600-800 words on books or research by members, or human interest stories by members. To submit a thematic blog write to the relevant TG chair; for human interest blogs write to 1818society@wbgalumni.org, with "Blog Proposal" in the subject line.

1818 Society - FAQs



Select Language | Text Size ▲▼ | Logout

Home About Us Emergency Resources **FAQs** Quick Links

WBG Resources

Member Portal Member Profile WBG Alumni Resources Thematic Groups Activities Community Hub Chapters

FAQs

Questions/Comments? Contact us at FAQs@wbgalumni.org

- + [About FAQs](#)
- + [Membership](#)
- + [Email and Contact Information](#)
- + [1818 Society Website](#)
- + [Health Insurance for Retirees \(RMIP & RMBP\)](#)
- + [Pension](#)
- + [U.S. Taxation](#)
- + [U.S. Estate Planning](#)
- + [U.S. Immigration](#)
- + [U.S. Social Security](#)
- + [Aging Resources](#)

1818 Society – Quick Links

The screenshot shows the 1818 Society website with a blue header and a white main content area. The 1818 Society logo is in the top left. The header includes a language selector, text size controls, member login, and a join button. A search bar is on the right. The main navigation menu includes Home, About Us, Emergency Resources, FAQs, and Quick Links. The Quick Links dropdown menu is open, listing various resources. The 'Members Helping Members' link is circled in red. The footer contains contact information for the 1818 Society.

1818 SOCIETY
WORLD BANK GROUP ALUMNI

Select Language | Text Size ▲▼ | Member Login | Join the 1818 Society

Home | About Us | Emergency Resources | FAQs | **Quick Links**

Search

1818 Society By-Laws	Education TG	Hiking Club	Treks and Tours
1818 Society Publications	Energy TG	Human Resources - Retirees	Urban & Water TG
1818 Society® Quarterly	Forms	Information Technology	WBG Data
Agriculture, Food & Rural Development TG	Gender & Dev TG	Kiosk Announcements and WBG Events	WBG History TG
1818 Society Art Club	Global Finance TG	Members Helping Members	WBG Knowledge Products
Blog Posts	Governance TG	Obituaries	WBG Operations
Bulletin Board, WBG	Guide for Actions after a Death	Pensions	Yoga Club
Community Hub	Handbook for Advance Planning, 2023	Pension Portal, WBG	
Directory of WBG Alumni®	Health Insurance	Social & Environment TG	
Economics TG	Health, Nutrition & Population TG	Transport TG	

Member Log

Username or Email Address

Password *

Please Verify to Log In

Remember me

Forgot your password

Verify Reset

1818 Society
World Bank, Main Complex
Room No. MC 1 -852
1818 H. Street, NW
Washington, DC 20433
Office Hours: 10:00 AM to 4:00 PM
In-person: Monday to Thursday

Phone: 202-458-1956/57
Fax: 202-522-2417
Email: 1818Society@wbgalumni.org

Mailing Address:
1818 Society
World Bank (MSN MC1-104)
1818 H Street, NW
Washington, DC 20433

1818 Society – Members Helping Members

The screenshot shows the website's navigation bar with the 1818 Society logo, a search bar, and links for Home, About Us, Emergency Resources, FAQs, Quick Links, and WBG Resources. Below this is a secondary navigation bar with links for Member Profile, WBG Alumni Resources, Thematic Groups, Activities, Community Hub, and Chapters. The main content area features a section titled "Members Helping Members" (circled in black), which describes the program's mission and lists several resource documents. A "Seminars" section (also circled in black) lists two webinars: one from November 2, 2023, titled "MHM's Interactive Webinar to Help All Retirees and their Families Plan as We are Getting Older" (with a "Video recording" button), and another from March 22, 2023, titled "Making the Decision to Move to a Retirement Place" (with a "Video Recording" button). The speakers for the second webinar are listed as Brenda Mejia (MHM member and Village board member).

Members Helping Members

MHM aims to help members have an active and healthy retirement and provides resources such as thoughtful documents to guide members along the way.

The primary mission of MHM is to promote and arrange support, on a self-help basis, for Society members on a variety of issues such as sharing experiences with taxation, immigration and estate planning lawyers and other service providers, helping meet their medical appointments, visiting needy members for advice and comfort and more. We do this entirely through our member volunteers who are the backbone of the MHM program. MHM is managed by a committee that meets monthly.

Current co-chairs are Jacomina de Regt, Jacqueline den Otter and Lesley Shneier

Handbook for Advance Planning by Retirees & Families for Incapacity or End of Life, November 2023

Checklist for Advance Planning, November 2023

Guide for Actions After A Death, September 2022

Elderly Care in the UK A guide document published by the British Chapter of 1818 SocietySM, January 2022

RALC Communities – A Resource Guide to Assist Your Search for a Retirement Community, December 2016

Seminars

November 2, 2023 **Video recording**

MHM's Interactive Webinar to Help All Retirees and their Families Plan as We are Getting Older

March 22, 2023 **Video Recording**

Making the Decision to Move to a Retirement Place

Speakers:

- Brenda Mejia (MHM member and Village board member)

Screenshot

Transition to website: Guide for Actions after a Death...

Guide for Actions after a Death of a Retiree/Spouse/Partner

We extend our heartfelt condolences to you and the family and wish to express how sorry we are for the loss of your beloved.

When having to deal with a death in the family, it is difficult to understand what needs to be taken care of and when, and whom to contact within the World Bank Group (WBG).

The purpose of the information below is intended to help you, the survivor spouse/partner or executor of the estate, navigate as quickly and smoothly as possible to the specific information that you will need to take care of all the actions required within the WBG. If the deceased is a foreign national, please make sure to inform your embassy.

Whenever you contact any WBG unit please make sure always to mention the UPI number of the deceased retiree.

The information is being presented as an online WBG Guide with active links.

The information was provided by WBG retiree volunteers of the Members Helping Members (MHM) community who have tried to make the information as accurate as possible. It does not cover every possible action, and only pertains to WBG departments and benefits. It is not a substitute for seeking professional or legal advice. Please always consult with lawyers, funeral homes, estate planners, tax officials, etc. for any questions you have. If you have any questions for MHM volunteers email us at MHMhelp@wbgalumni.org.

The information is divided into the following sections:

- + [About the Q&As](#)
- + [Death Certificate Information](#)
- + [Informing the WBG](#)
- + [Informing other affiliated units](#)
- + [Contact Information](#)
- + [Websites](#)

Recap!

- 1818 Society database of Emergency Contacts.
- The database has 276 entries.
- You can add your Emergency Contact in your Profile.

Handbook for Advance Planning...

Medical ID Card

Medical Alert System

Guide for Actions after a Death...

Questions? Contact MHMhelp@wbgalumni.org